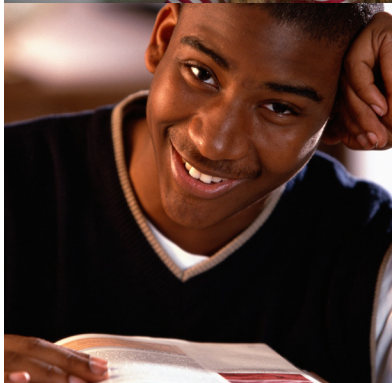


Quality Expanded Learning Opportunities

Help Build Lifelong Success



Students who regularly participate in quality expanded learning opportunities demonstrate...

Stronger academic performance

Afterschool and summer programs can increase student engagement with learning by providing opportunities for hands on learning and team building, attention from adult instructors, access to computer labs or educational technology, and fostering higher aspirations for educational attainment. Expanded learning opportunities also have the potential to reduce the achievement gap between students of differing races, ethnicities or socio-economic backgrounds.

- ◆ More time spent expanding learning in after school and summer programs is associated with:
 - Better work habits
 - Improved academic performance and GPA
 - Gains in self-efficacy
 - Increased attendance and fewer school absences ⁱ
- ◆ Annual teacher-reported performance data from 21st CCLC grantees across the country demonstrate that students attending 21st CCLC programs raise their Math grades (37%) and English grades (38%), while also improving their homework completion and class participation (72%) and their behavior in class (67%). ⁱⁱ

Better social, emotional and physical well-being

Youth face significant challenges to the growth and maintenance of healthy self-esteem and physical well-being. Those youth who do not participate in afterschool and summer programs are more likely to skip classes, abuse drugs, alcohol and tobacco and engage in sexual activity or delinquent behavior.

- ◆ Youth who participate in afterschool programs improve significantly in three major areas: feelings and attitudes, indicators of behavioral adjustment, and school performance. ⁱⁱⁱ
- ◆ Quality youth services and supports offered during after school and summer programs not only help young people avoid self-destructive behavior, but also enable them to acquire the academic and workforce readiness skills and personal attributes that employers seek. ^{iv}

ⁱ Expanding Learning & Afterschool: Opportunities for Success, 2013

ⁱⁱ Learning Point Associates, 2011

ⁱⁱⁱ Collaborative for Academic, Social and Emotional Learning, 2007

^{iv} NIOST: Making the Case-Fact Sheet on Children and Youth In Out of School Time, 2009